

FROM THE AUTHOR

“I believe trauma resolution at mass levels is the key for world peace. The daily reporting of stories of trauma and violence around the world affects a mesmerized public, triggering fear, dread, numbness and indifference. When I realized that trauma is at the root of violence and that fast developing, yet sparsely implemented, techniques to heal trauma were available, I became committed to changing the trauma vortex to a healing vortex.

The media are the most logical vehicle for bringing the message of hope and healing to the public. Moreover, media personnel, who report tragedy, violence, war and abhorrent behavior are closely associated to trauma and the ones most exposed to trauma and as such need to have the information for their own sake.”

What people have said about “Beyond the Trauma Vortex.”

“A must-read that illuminates people’s ability to constructively recognize, understand, and heal their own traumas... alerts us to trauma’s being a root cause of violence and advises us to look at political conflicts between groups and nations through the trauma lens.”

-Jerry Levin, former CNN Middle East bureau chief

“Since September 11, the oft-neglected issue of trauma and its aftermath has gained national attention. In this well-researched and very readable book, Gina Ross makes an invaluable contribution to an issue that affects every one of us, either directly or indirectly. In a unique exploration of the nature and healing of trauma, Beyond the Trauma Vortex gives us the tools to shift centuries of human suffering toward a new way of seeing, feeling and being in the world.”

-Hyla Cass, M.D., Assistant Clinical Professor of Psychiatry, UCLA School of Medicine

“This book is a must for journalists, cameramen, producers, and everyone in the media business... everyone who is interested in the role of the media on trauma.”

-Danny Brom, co-author of *Coping with Trauma* and co-founder and director of the Israeli Trauma Center in Jerusalem

“The power of the media magnifies as transmission speeds of pictures, sound, and print accelerate; the potential to use this power for healing is limitless. In this highly readable volume, Ross proposes a closer collaboration between media and helping professionals to turn the tide of trauma. It is a must read for anyone concerned with the future peace and sanity of the world.”

-Babette Rothschild, MSW, LCSW

Author of, *The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment*

“The power of this book lies in its passionate appeal to news and entertainment media, for their help in turning the horrors of history into healing and peace.

-Migael M. Scherer, Journalist, Teacher, Author of, *Still Loved by the Sun: A Rape Survivor's Journal*

“There's a really important message in this book. A great worldwide benefit will come, as we better understand the impact of trauma and the process of personal and collective healing and response that is possible. This well researched work offers insight and tools for all those involved in transforming old problems into new solutions.”

-Jack Kornfield, Author, meditation teacher and co-founder of the Insight Meditation Society